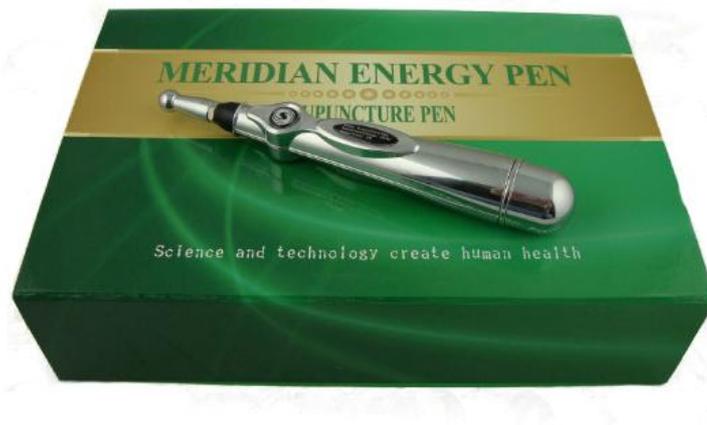


# Meridian Energy Pen

## User manual



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## 1、 Introduction:

Meridian Energy Pen is based on traditional Chinese medicine theory and modern organs and meridian is a combination of bio-engineering technology. Developed into a high-tech health and beauty electronics, meridian is a major breakthrough in the history. It can move surface of human skin to electrical pulses stimulate the skin flexibly, activate the skin tissue, prevent skin to be sagging and aging, promote blood circulation, dredge the meridians the body, relieve muscle pain, and can achieve the firming effect to enhance the result of beauty. It is the best product for our daily beauty and health care. This portable machine will bring a lot of convenience for us .

## 2、 Main Features:

2.1 Health care functions: The probe stimulates the skin, you will have a sense of sliding and vibration. Put the machine to the relevant point, then the feeling will be stronger. A kind of relaxed and comfortable feeling will come to you after you use the machine. The pen electrophysiologically stimulate our body, through the network of bio-axis, directly into the body tissues, organs, regulating bio-electric field, activate radicals and the adjustment of biological cells, essentially regulate the body's absorption, conduction, balance, metabolism, immune functions, and health care.

2.2 Meridian functions: The joints plays an important role as crossroads to human

body, it is the places where physiological waste like cold, wet, silt, heat, toxic bad things block. That is also the reason why human body easily get arthralgia. When using acupuncture pen in the joints, the physiological waste can be cleaned up, then you can feel fresh and relax.

2.3 Beauty care effect: the meridian energy pen can also do the face like face-lift, remove the pouch, dark circles and wrinkle, making an immediate effect to the face. The pen can also make you forever young and healthy if you keep using it. (better with professional cosmetics) If not, you can use normal saline or distilled water instead. For a professional facial and eye care, you will have to match professional beauty products.

2.4 With a CR2 charger and 3V ion rechargeable battery. CR2 charger using switching power supply circuit, constant current charging, the voltage application ranges wide. It also suits for charging ion 3V battery.

With an indicator light shows charging status, charger is compact, light weight.

## 1(page)

### 3、 Using Method:

1) First, open the batteries cover (as shown) and put the fully charged 3V lithium battery to battery box, then tighten the cover.



#### 2)、 Act to the skin:

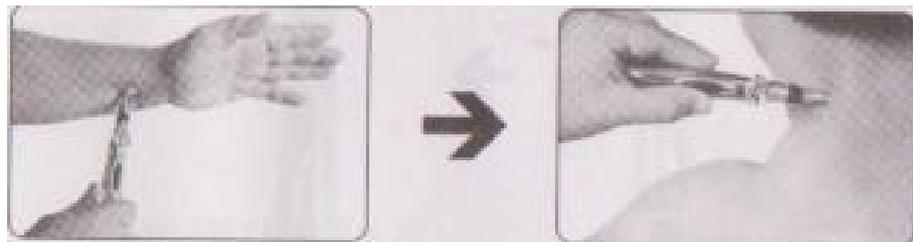
A. Put the gel to the skin (gel can be directly reach deep skin, lock moisture, and lubricate the skin). Slide the four dome-type, ball type, focus type and roller-type metal head to increase the amenity.

Click the start button, screen shows "0", hold the trailing end of the pen, put the probe gently on the skin (as shown), then slide slowly.



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B. When you find the right points, the pen vibrates strongly, (If not, please continue to slide the pen to find out acupuncture points, shown as photo.) and shows the electric pulse. You can see it in the digital display. (At this moment you can slide the probe in a small area along the meridian channels until the muscles have a strong vibration feeling around.)



C. There are seven number shown on the display, 0-6. It means the strength of electrical pulse output. ("0" weakest, "6" the strongest) Continue press the start button to increase the strength of electrical pulse output. (Shown as photo)



Facial beauty



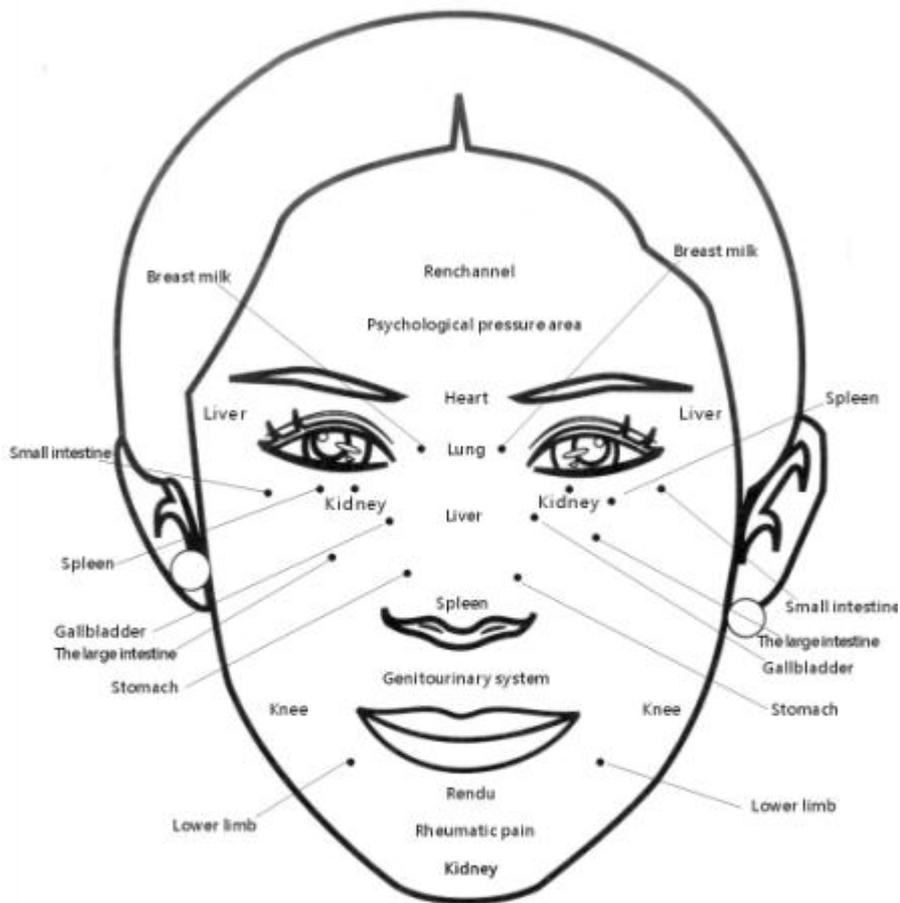
Hand hole probe



### 3(page)

Please find the point according to the photo and refer to the description of points.

请按穴位图寻找穴位，各部穴位请参照说明。



附图一

Figure 1  
4(page)



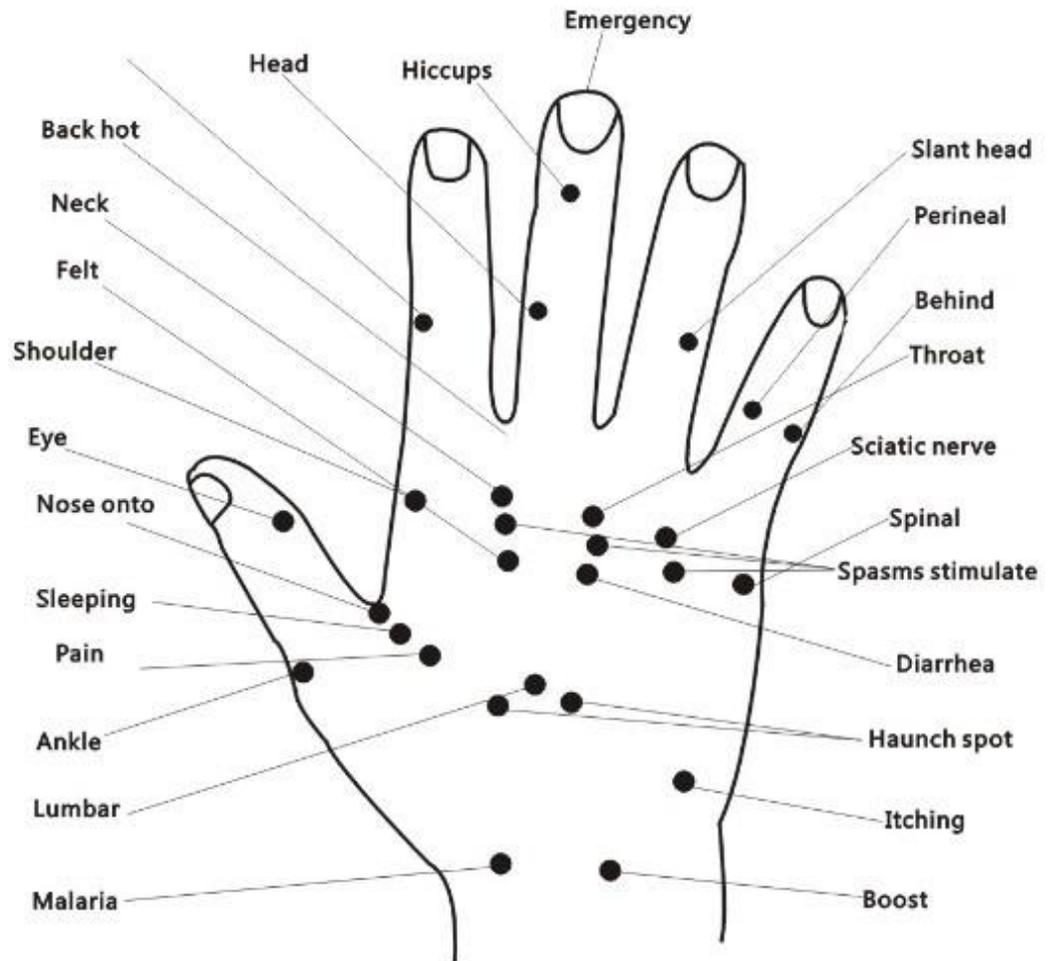


Figure 3

6(page)

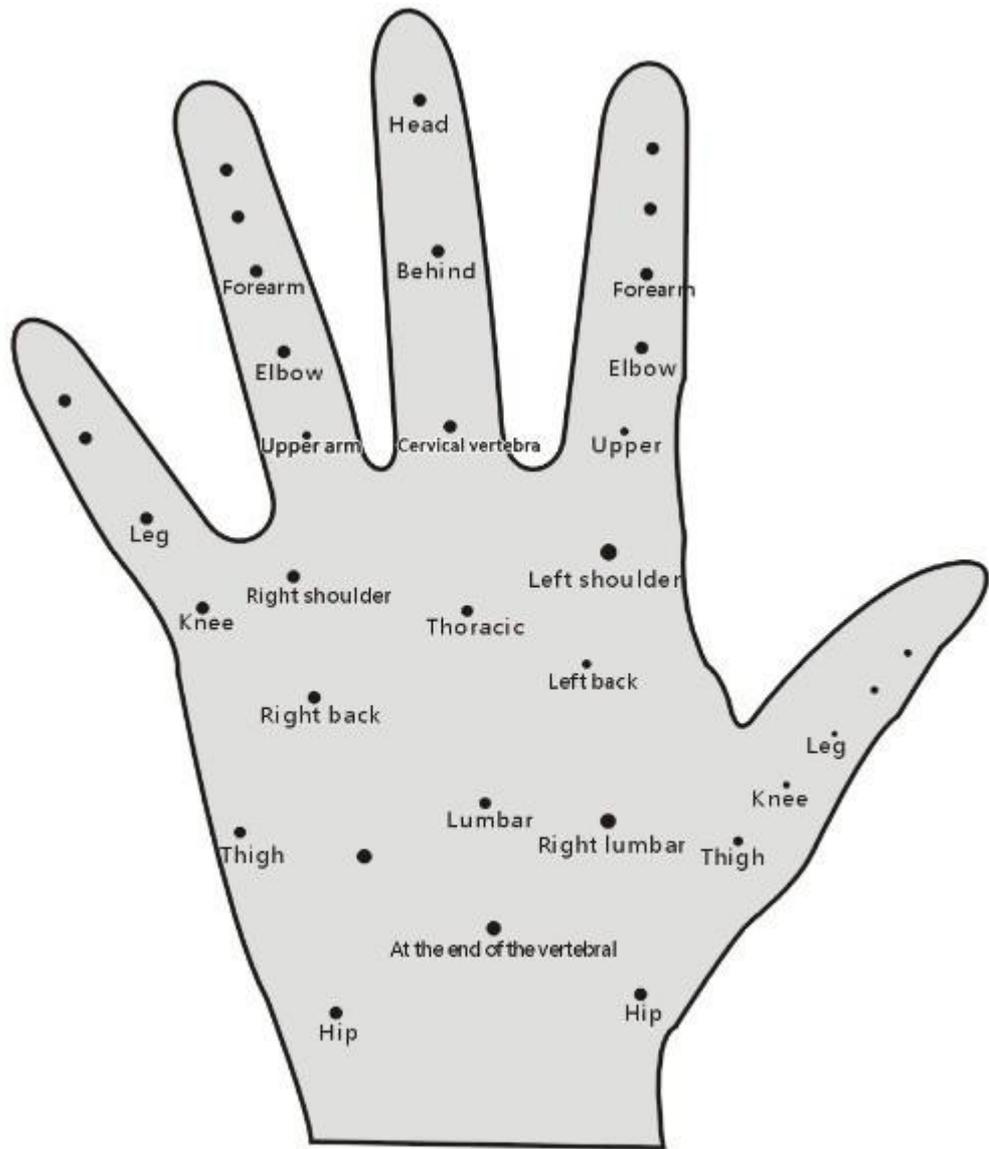


Figure 4

#### 4、 Matters needing attention:

The safe category of the pen is internal power supply class BF.

“picture” BF type

1), Environmental Protection: For related waste (such as the failure of the battery and scrap the host), please do not litter anywhere.

2), Please take the battery out of the pen if you didn't use it for long-time, just to prevent leakage damaging the pen main engine.

3), Please do not open the main engine for repair by yourself. Otherwise our company will not take the responsibility for any consequences caused.

4), Please do not use the pen with the following electronic medical equipment:

(1) Pulse regulator and other internal transplanted medical equipment;

(2) Artificial heart, lungs and other life-sustaining medical electronic equipment;

(3) Electrocardiography or other wearable medical devices. There are risks that have happened before.

5), In the following situations, consult the physician before use.

(1) Patients with acute disease.

(2) Cancer patients.

(3) Patients with infectious diseases.

(4) Pregnant women.

(5) Patients with severe heart disease.

(6) Patients with abnormal blood pressure.

(7) Patients with skin disorders and abnormal conditions.

(8) Other taking treated patients who face with incidents, especially physical abnormalities.

6), Caution

(1) Do not bring electronic devices to use.

(2) Do not allow children or people without expression ability to use the pen.

(3) Do not use the pen while having a bath, do not use it in the bathroom or anywhere else with high humidity.

(4) Do not use the pen while driving.

(5) Do not use the pen for a purpose of stimulating skin and meridians.

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#### 5、 Main technical parameters:

1) Power: 3V lithium battery.

2) CR2 charger input: 110v-240v; 50/60Hz.

Output: 3.7v; 300mA ± 50mA.

Charging time (h) = Battery capacity (mA) × 1.2 ÷ charge current (mA).

- 3) Pulse frequency :1-300Hz.
- 4) Pulse width: 100 $\mu$ S-320 $\mu$ S.
- 5) The peak open circuit output voltage electronic pulse :0-360V.
- 6) The maximum output range: 500 $\Omega$  load voltage of 3.3V.

## 9(page)

### 6、 Materials:

Host, metal head and metal shell.

### 7、 Accessories and Functions:

①, Four metal heads:

Ball type: strong strength feature, with good effect;

Dome type: contact with the body area, softer feature;

Set-point type: the most convenient one to click points on various parts of the skin.

Wheel type: dredging channels and lead products to treat the skin.

②, A function switch and intensity control buttons.

③, A3V lithium battery and a CR2 charger.

### 8、 Instrument of cleaning, disinfection and sterilization:

①, Equipment clean.

- ◆ Remove the battery.
- ◆ Use a soft brush to remove dust, hair and pieces of debris.
- ◆ Do not wipe the surface with damp cloth.
- ◆ Recommend thorough cleaning after using the pen several times.

②, Disinfection and sterilization

- ◆ Repeatedly wipe the surface of the pen with alcohol moistened cotton, .
- ◆ Dry the pen until the smell is cleared after cleaning.

## 10(page)

## 9、 Pen cleaning and maintenance :

- (1) Use dry cloth to clean the dirt on the pen surface;
- (2) For those hard to remove things like oil stain on the surface of the pen,use mild detergent moistened soft cloth;
- (3) Clean the front end of the pen with alcohol moistened cotton ball each time to avoid cross-infection.

## 10、 Storage and transport :

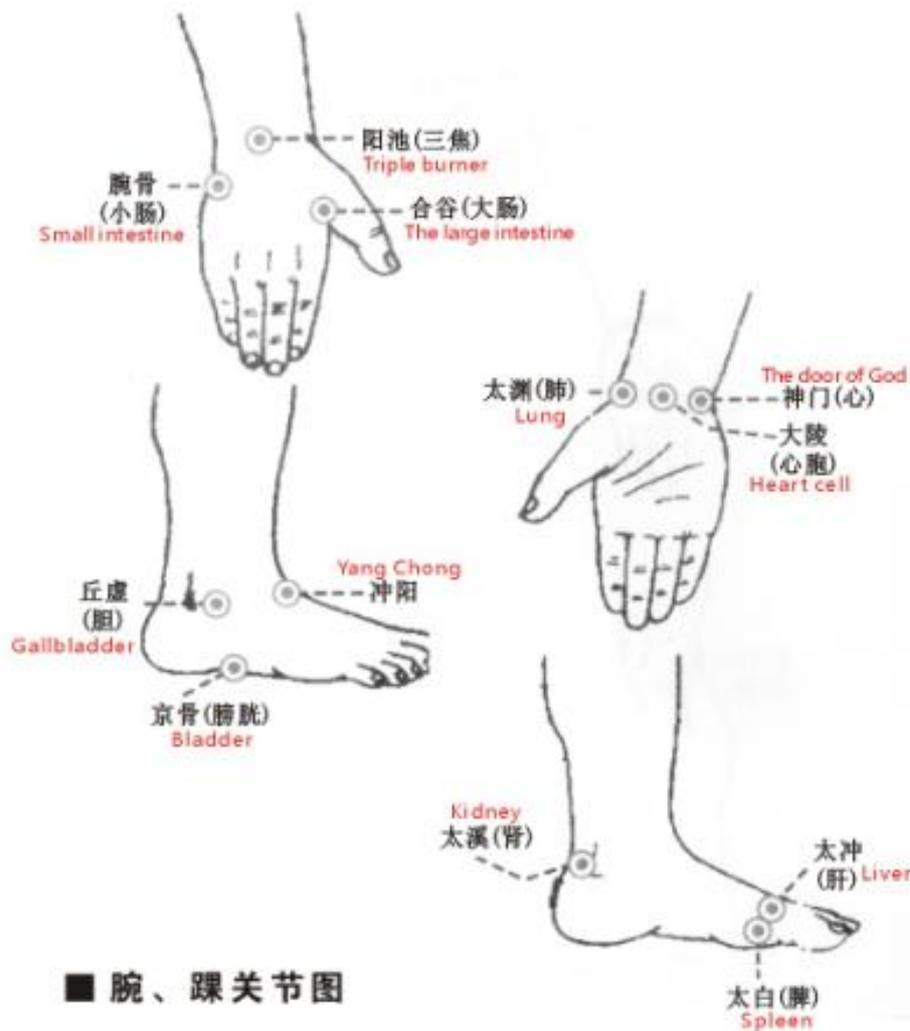
- 1, Ambient temperature:  $-10\text{ }^{\circ}\text{C} \sim +55\text{ }^{\circ}\text{C}$ ;
- 2, Relative humidity:  $\leq 85\%$ ;
- 3, The atmospheric pressure range:  $86.0\text{ Kpa} \sim 106\text{KPa}$ ;
- 4, Storage: packaged products, non-corrosive gases should be stored in well-ventilated room;
- 5, Transport requirements: avoid shock, severe vibration, compression, moisture, etc.;
- 6, The handling requirements: light-light, non-scrolling box

## 11、 Tips for finding meridians :

Huangdi Neijing (Yellow Emperor's Canon of Medicine) said:"Human body has 365 acupuncture points,which join the systemic meridian.Human body has 12 large joint and 354 small joints/sutures,where evil things lives"The joints plays an important role as crossroads to human body,it is the places where physiological waste like cold, wet, silt, heat, toxic bad things block.That is also the reason why human body easily get arthralgia.When using acupuncture pen in the joints,the physiological waste can be cleaned up,then you can feel fresh and relax.



■ Human body main joints

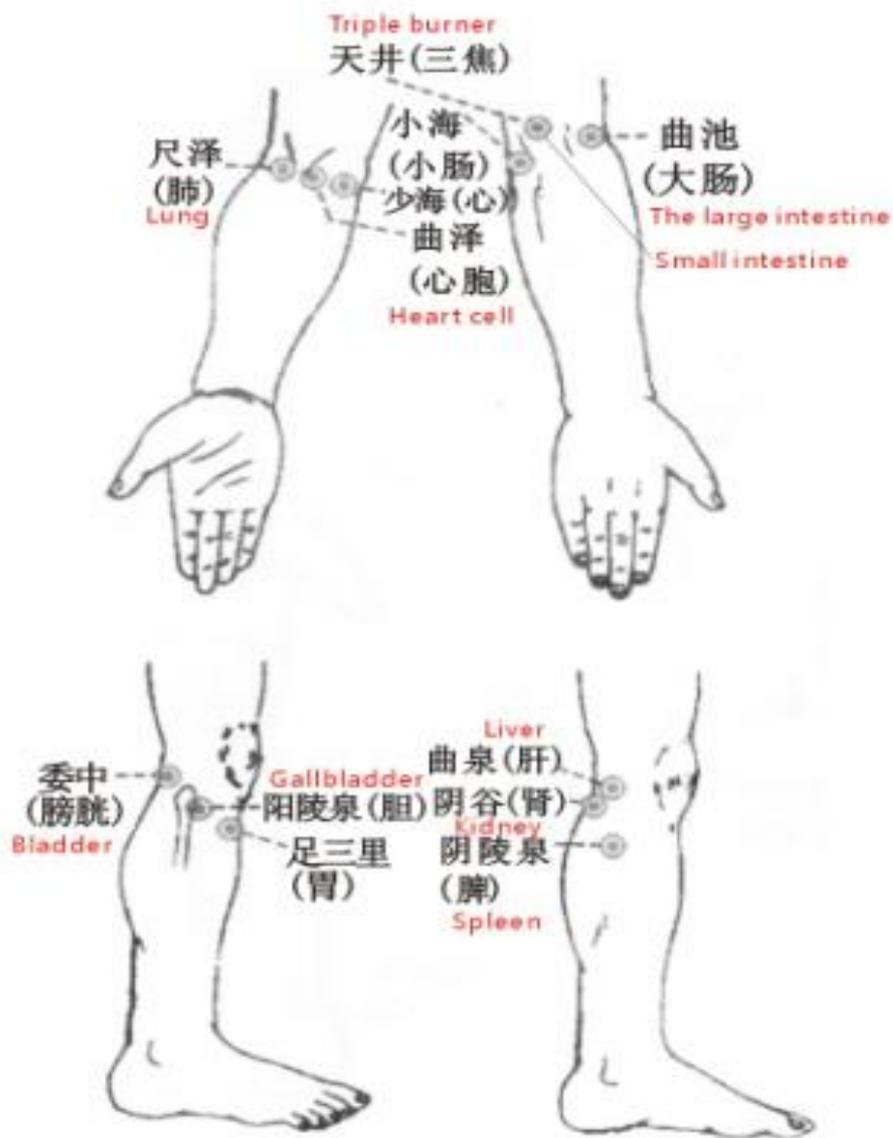


■ 腕、踝关节图

■ Wrist ankle joints image

**Wrist ankle Department:**

The Emperor Nei Jing said: "12 source of four close, four close attending the five internal organs, internal organs are ill, it's the time to take 12 of the original." Wrist, ankle joints sharing the twelve meridians of the original hole, that means it's the master switch of the various meridians, through which gas can be stimulated primary organs, meridians to promote blood of normal operation.



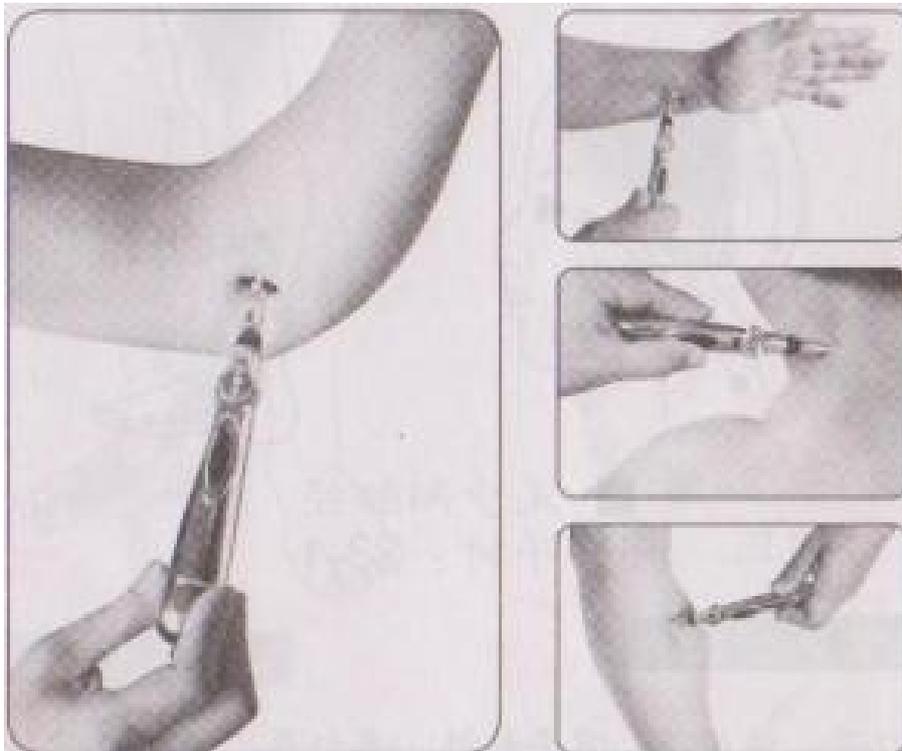
■ Cubits of the knee joint

**Elbow, knee Department:**

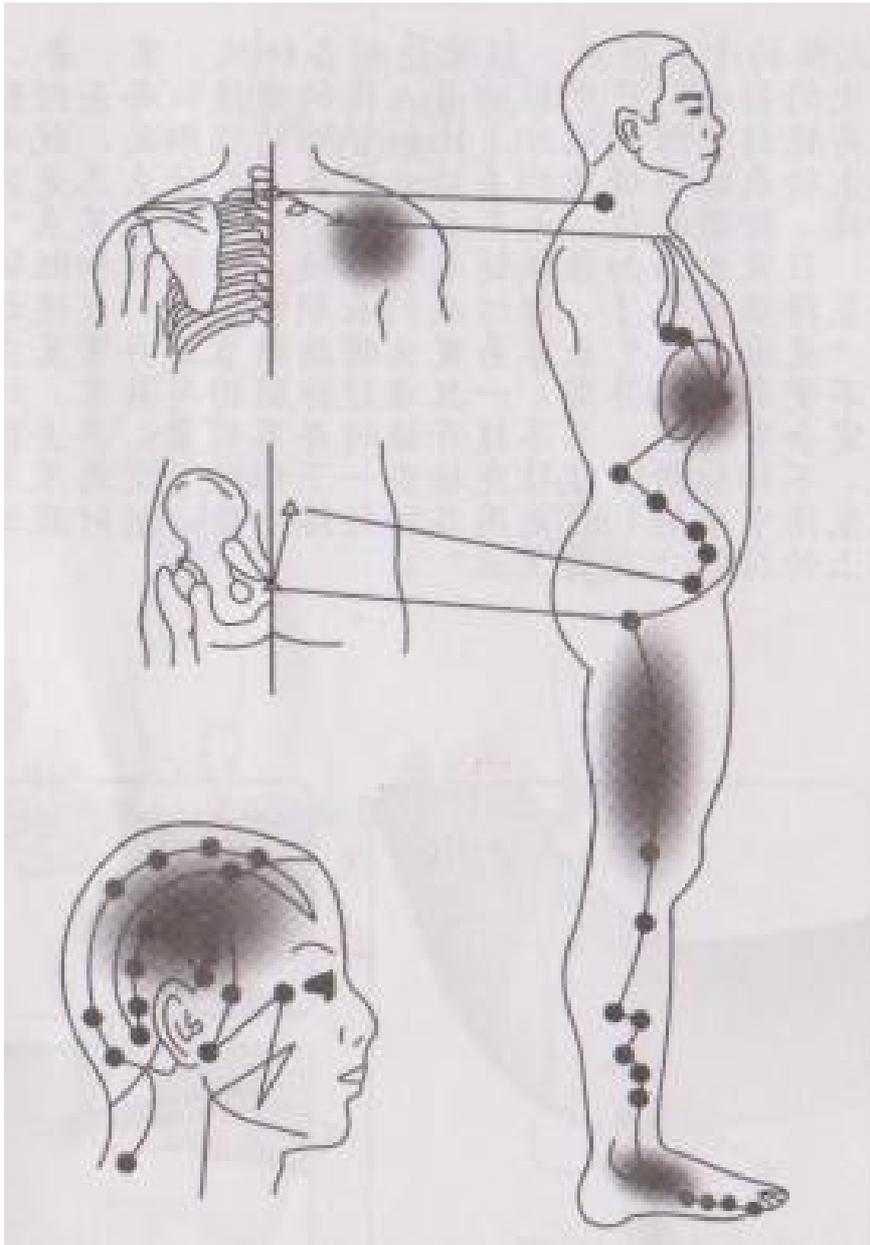
“Classic”: “A co-governance organs”. Six hollow organs of the combined points are located in the elbow, knee department, there is heat relieves congestion and clear the meridians of the role. Elbow, knee is the largest local load-bearing capacity, therefore the use of pulse therapy in the elbow, knee, for the maintenance of internal organs and meridians in the clean-up phlegm, blood stasis is particularly effective nodules and other physical waste

## 12、 Learn to open up the meridians on the "black spots"

The body's 12 meridians, often by a variety of wind, cold, heat, wet, dry, fire effects, a serious impact on human health. Each meridian has its place easily vulnerable to disruption, such as the Yaoyangguan Du, Du yang is the most likely to lose on the block mark. Why do many people always easy to back pain, backache soft knee, all with the meridians of the "black spots" on. Therefore, these sections of daily life to enhance health, the maintenance of the meridians and organs becomes very important. Through our long-term practice and found that the meridians of the "black spots" most likely to occur pain nodules, abnormal reactions. Usually feel anything unusual, abnormal organs once the meridians, where there will be reactions. But not obvious at the beginning, go to touch it found. You may wish to first check for the symptoms of your "black spots"! Habits of daily life the best way to use a variety of meridians, meridians on the body at any time to clear these "traffic black spots."



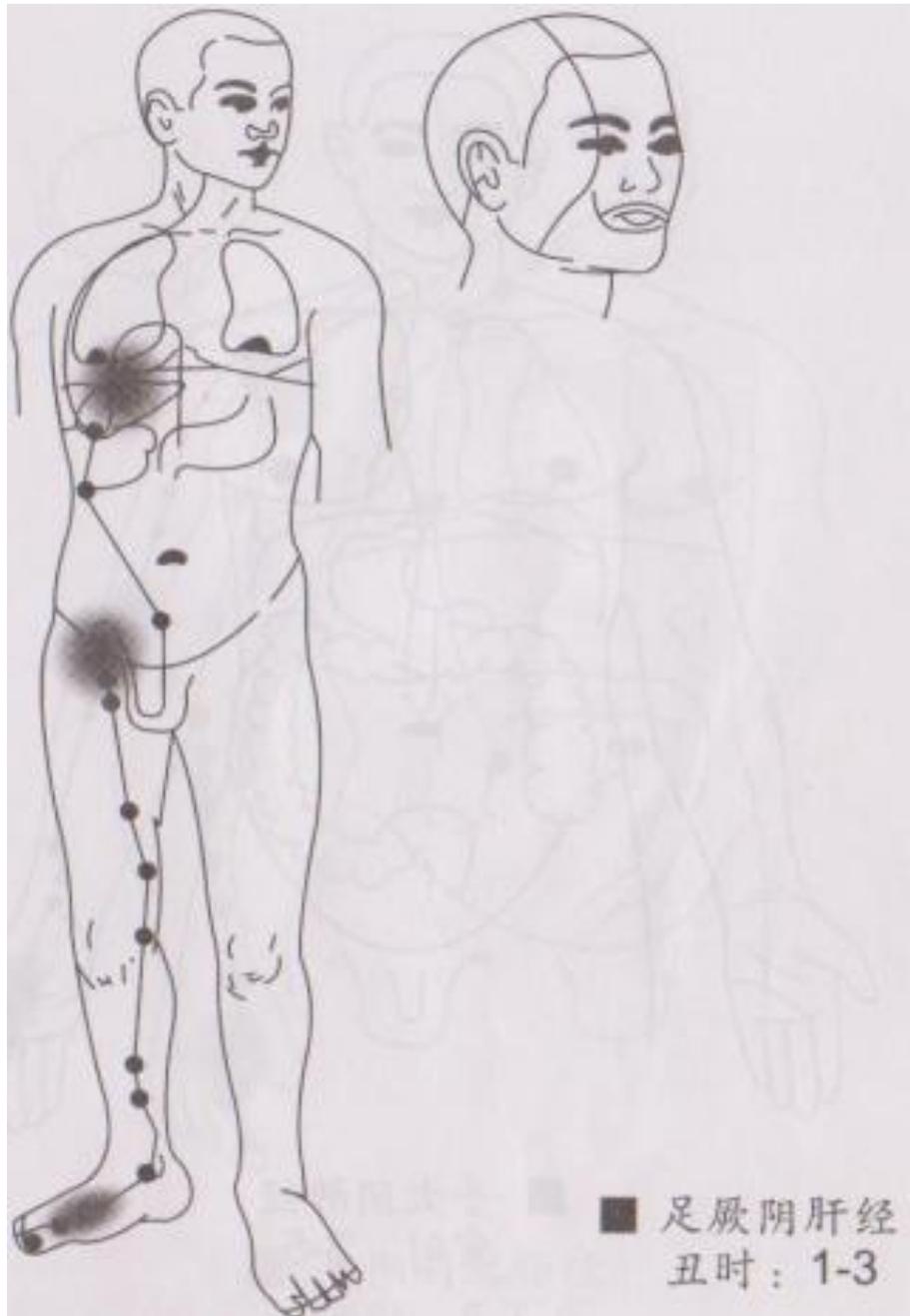
## Twelve meridians "black spots"



■ Foot Gallbladder  
Midnight: 23-1 night

### Common symptoms of gall bladder:

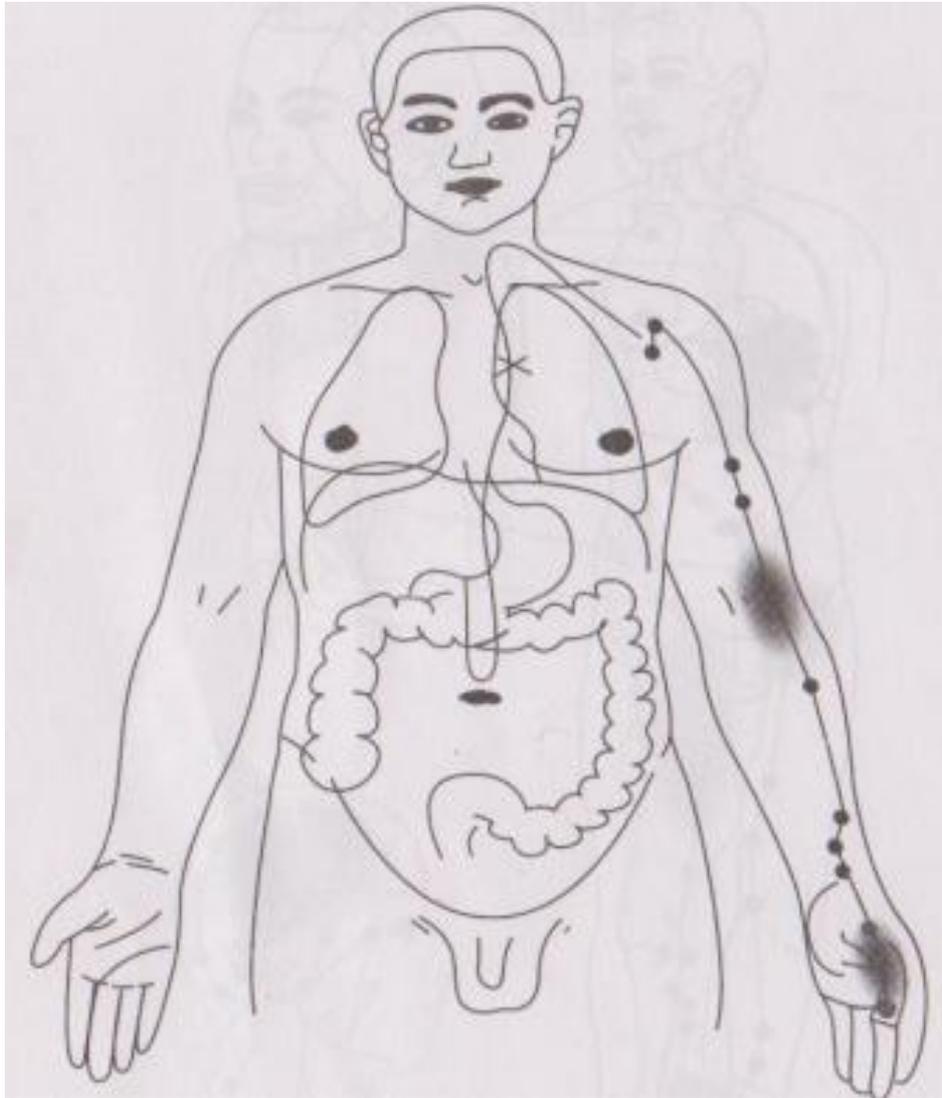
Dry mouth, mouth pain, migraine headaches, easy to surprise season, good sigh, loose stools, constipation, skin complexion, indigestion, joint pain, lipoma, nodular accumulation of phlegm.



**Liver channel of foot jueyin**  
**Chou shi:1-3 night**

**Common symptoms of liver:**

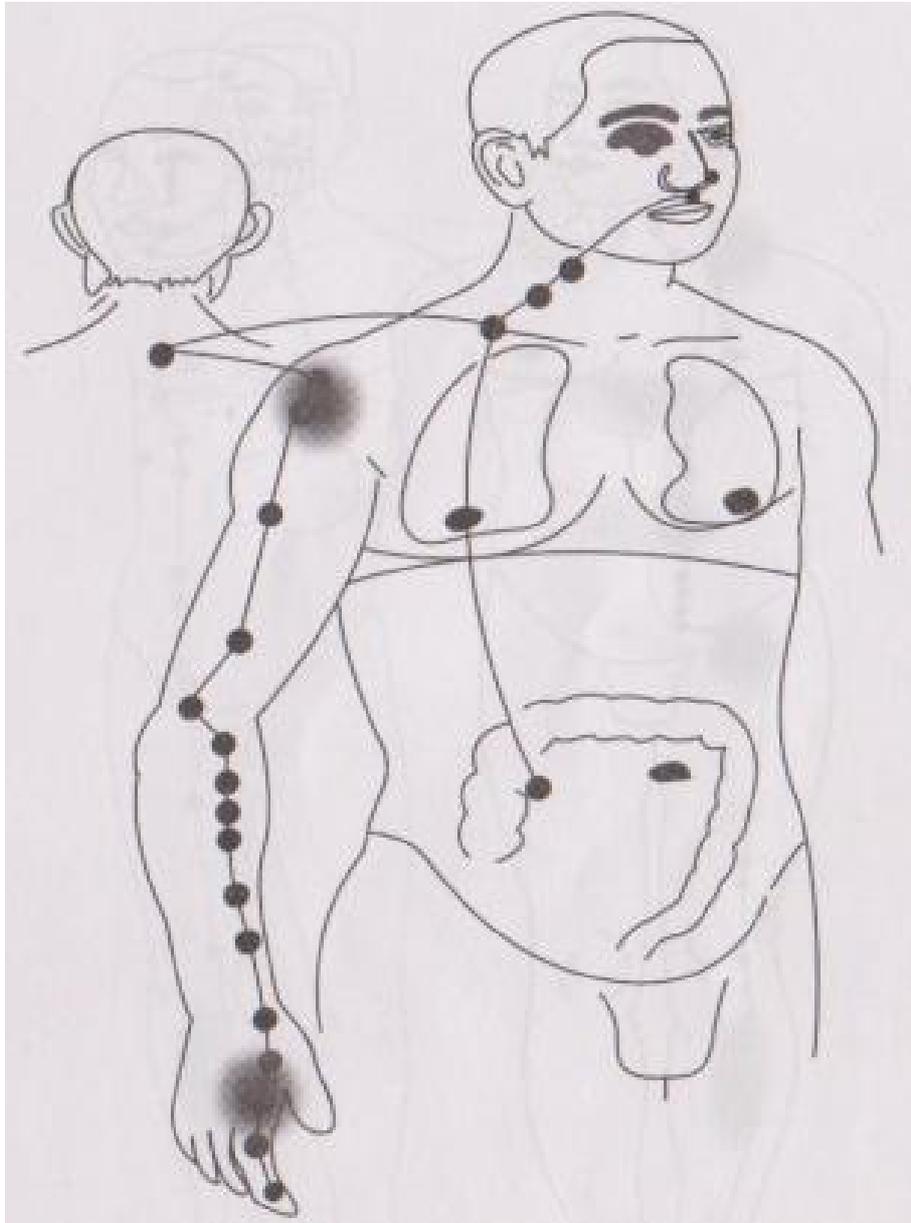
Dry mouth, mouth pain, emotional depression, chest pain, dizziness, unstable blood pressure, irritability, impulsive, skin complexion, easily tired, fatigue, enlarged prostate, menstrual irregularities, breast pain, disease, yellow urine



■ **Hand Tai Yin Lung Meridian**  
**Yin Shi 3-5**

**Common symptoms of lung:**

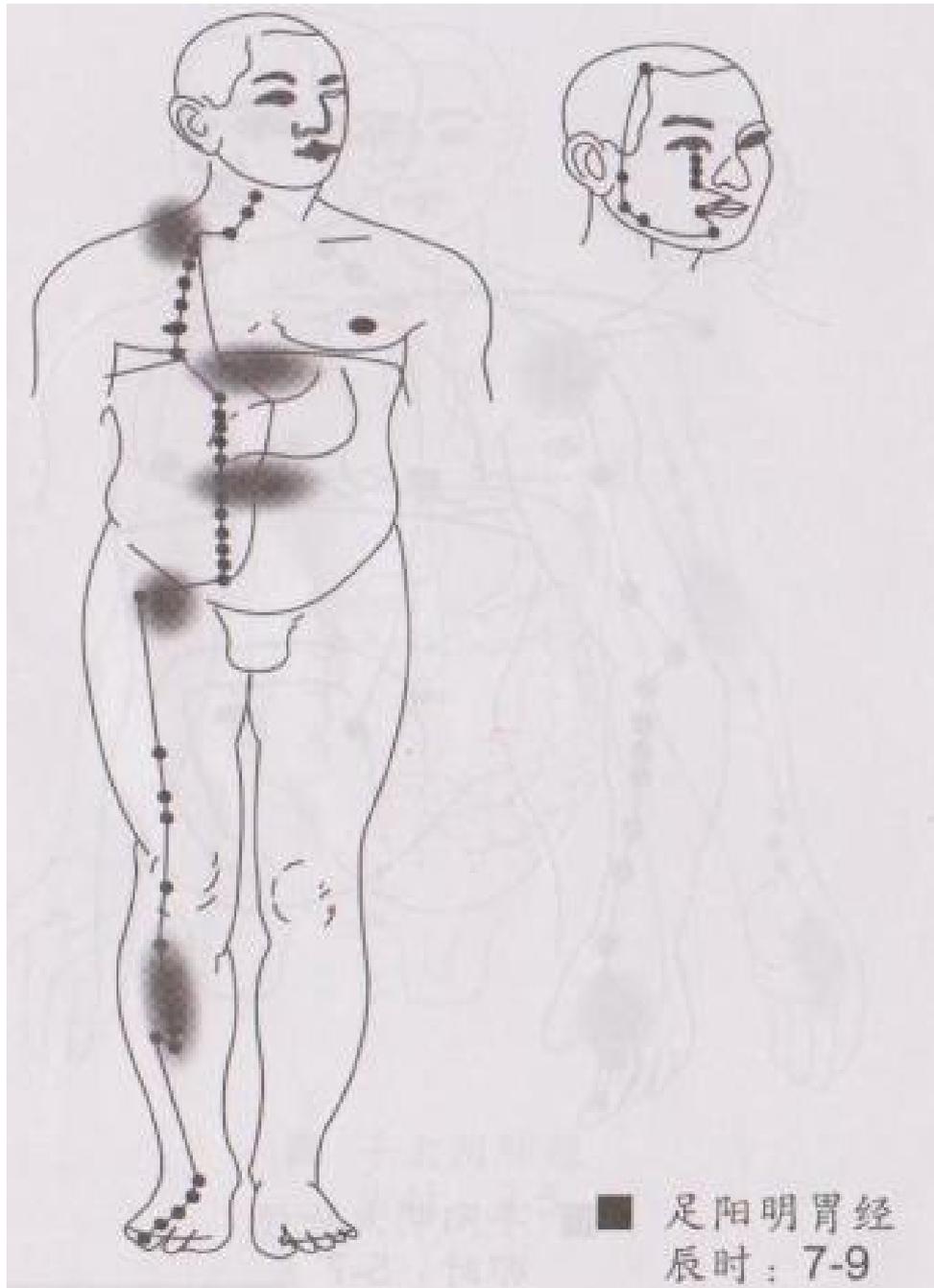
Afraid of the wind, easy to sweat, dry throat, cough, allergic rhinitis, dry skin, prone to allergies, moving the shortness of breath, chest shade, pale skin and minimalist



■ **Hand Yangming Large Intestine Meridian**  
Mao Shi: 5-7

**Large intestine by the common symptoms:**

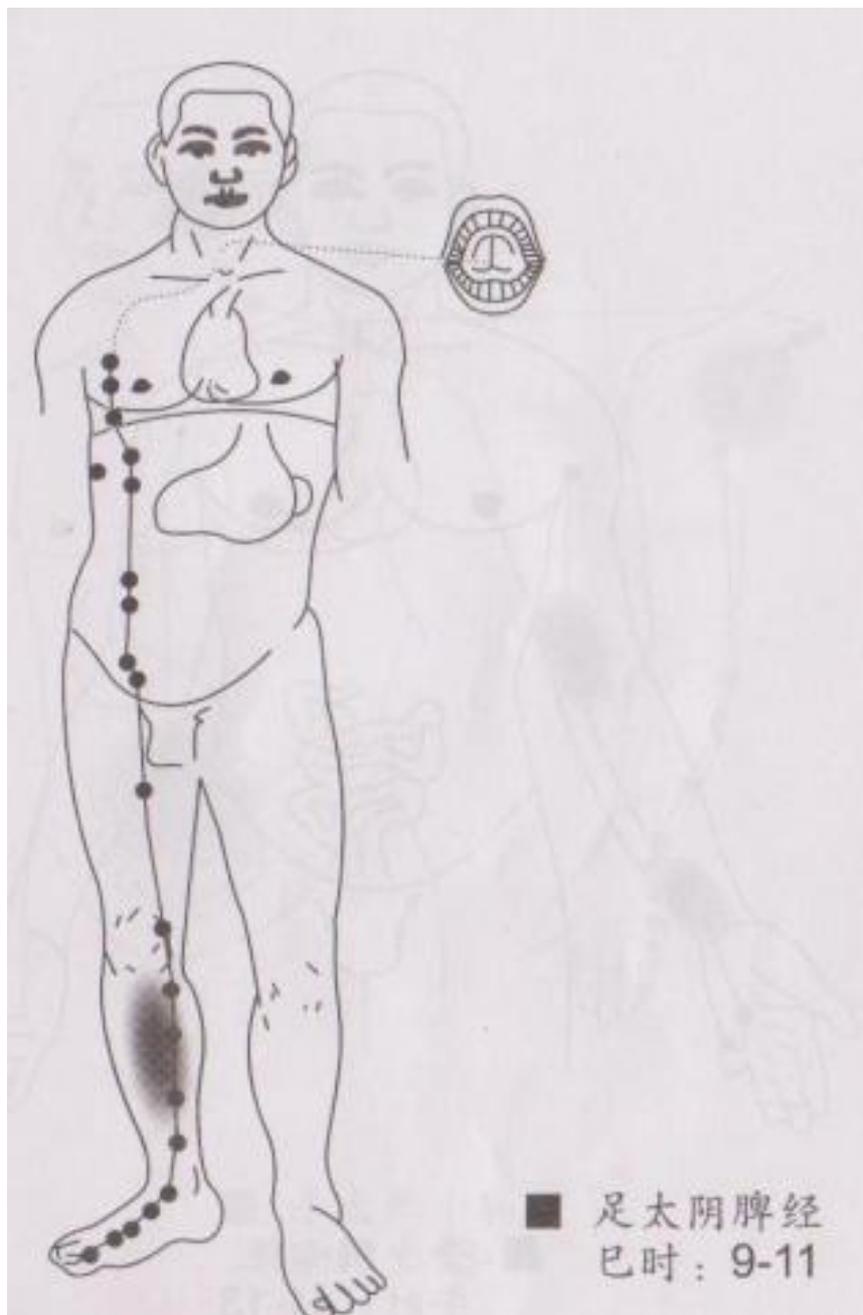
Toothache, headache, dry mouth, skin allergies, multiple spot blue veins, gastrointestinal function, and shoulder pain, chronic laryngitis



**Yangming Stomach Channel of Foot**  
**Shen shi:7-9 am**

**Common symptoms of stomach:**

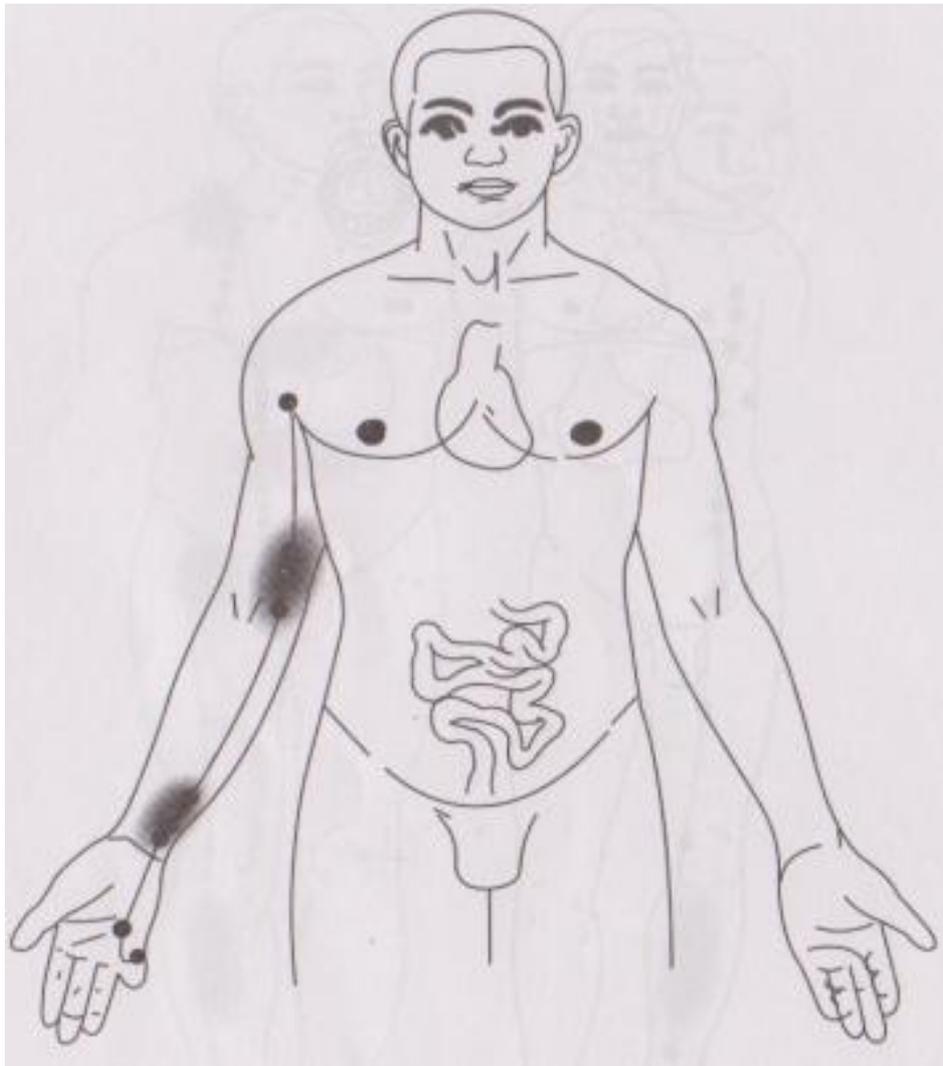
Sore throat, stomach pain, heat intolerance, indigestion, fatigue, knee pain, constipation, dry lips Shezao, body weight loss



**Taiyin Spleen Channel of Foot**  
**Shi shi: 9-11 am**

**Spleen common symptoms:**

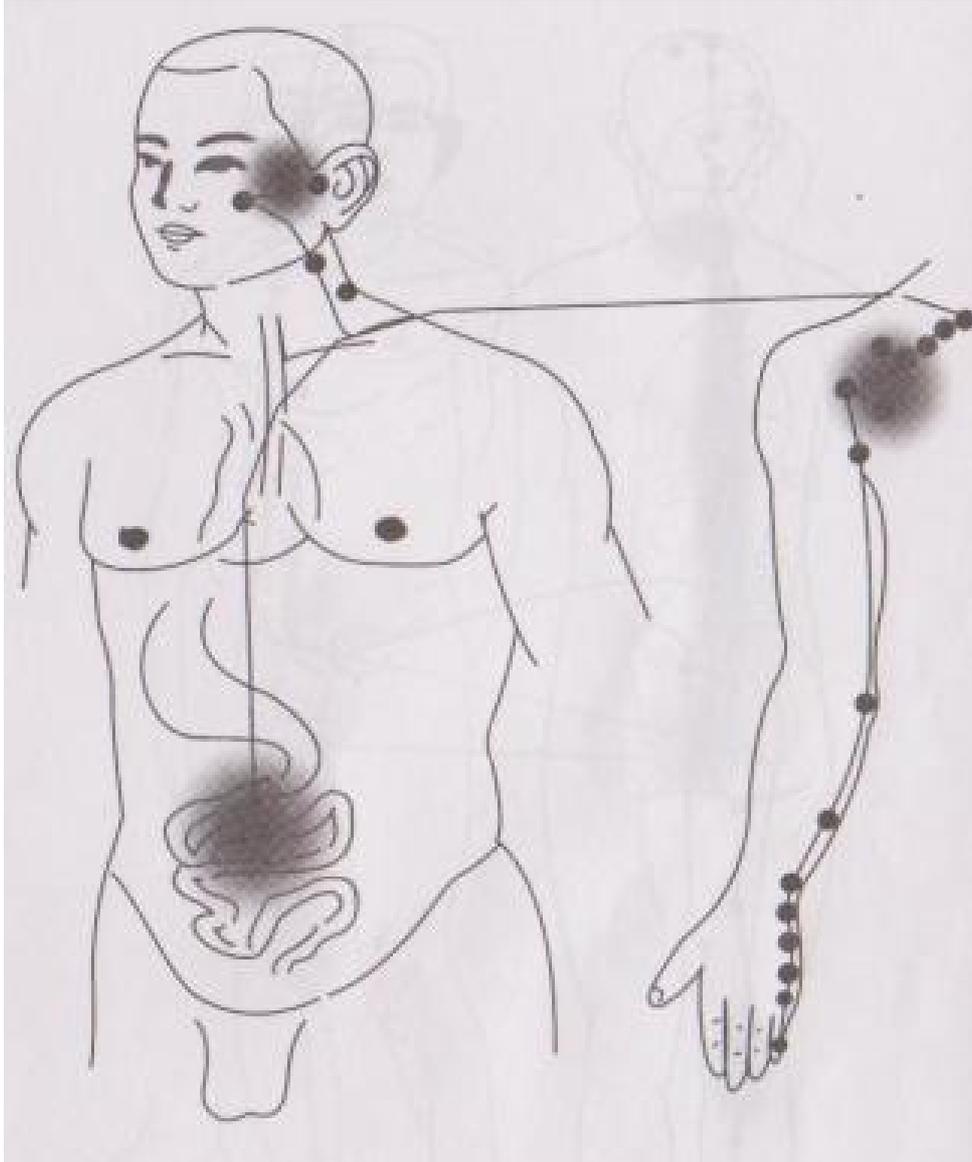
Wrist bloating gas, malabsorption, stomatitis, vomiting, nausea easy, easy fatigue, puffiness, stretching the mind clear, swollen feet wet weight, loose stools, joint soreness, diabetes



■ **Hand Shao Yin Heart Sutra**  
**Wu shi: 11-13 noon**

**Heart Sutra common symptoms:**

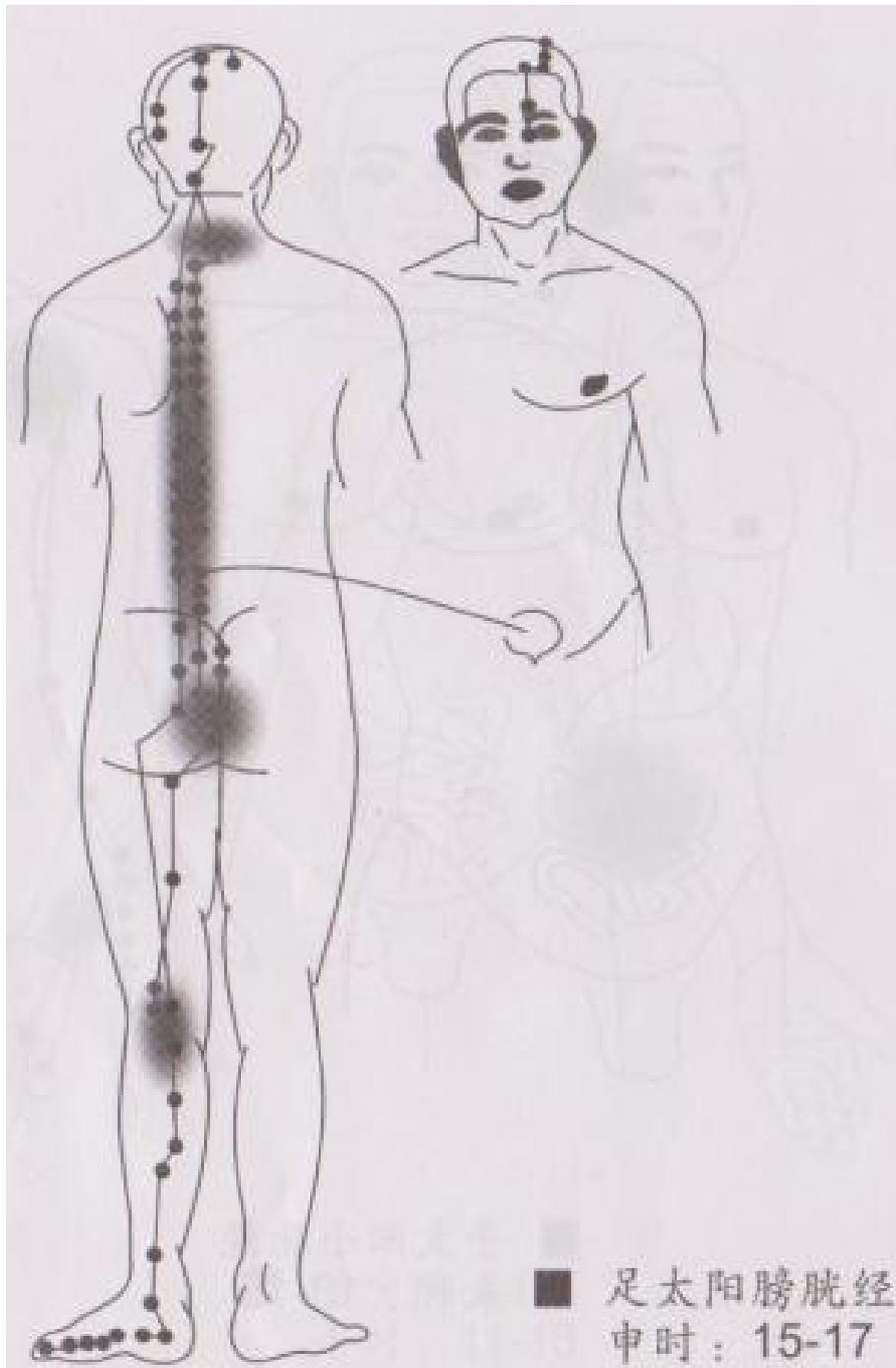
Upset, scared palpitations, heart, nausea, heartburn, gas on gas short, there is a sense of pressure, depression, irritability, mouth ulcers, dry mouth and bad breath



- **Hand the small intestine by the sun**  
Not when :13-15 pm

**Small intestine by the common symptoms:**

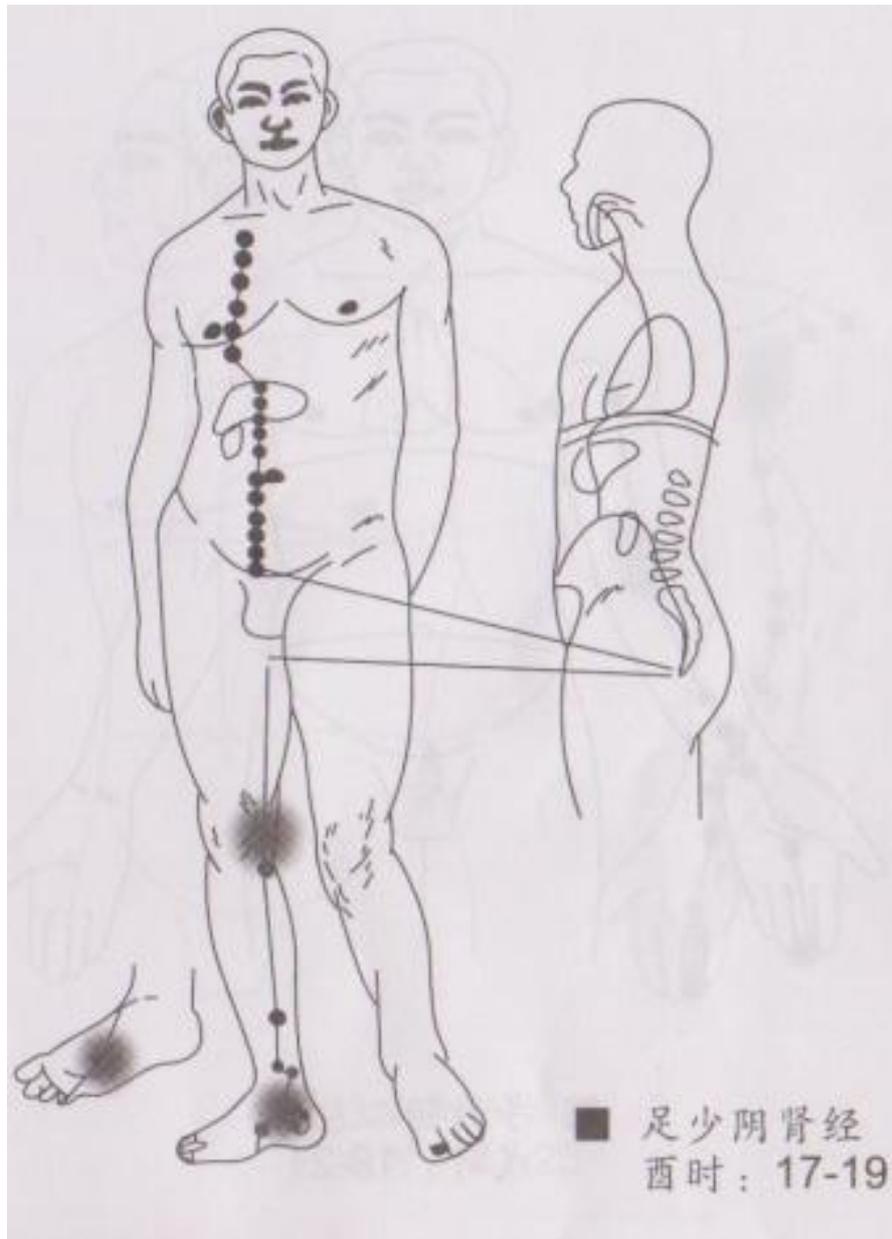
Pain around the navel and lower abdomen, heart tightness, head pain, easy to diarrhea, cold hands and feet, malabsorption, virtual fat, frozen



**Urinary bladder channel of foot taiyang**  
**Shen shi:15-17 pm**

**Bladder common symptoms:**

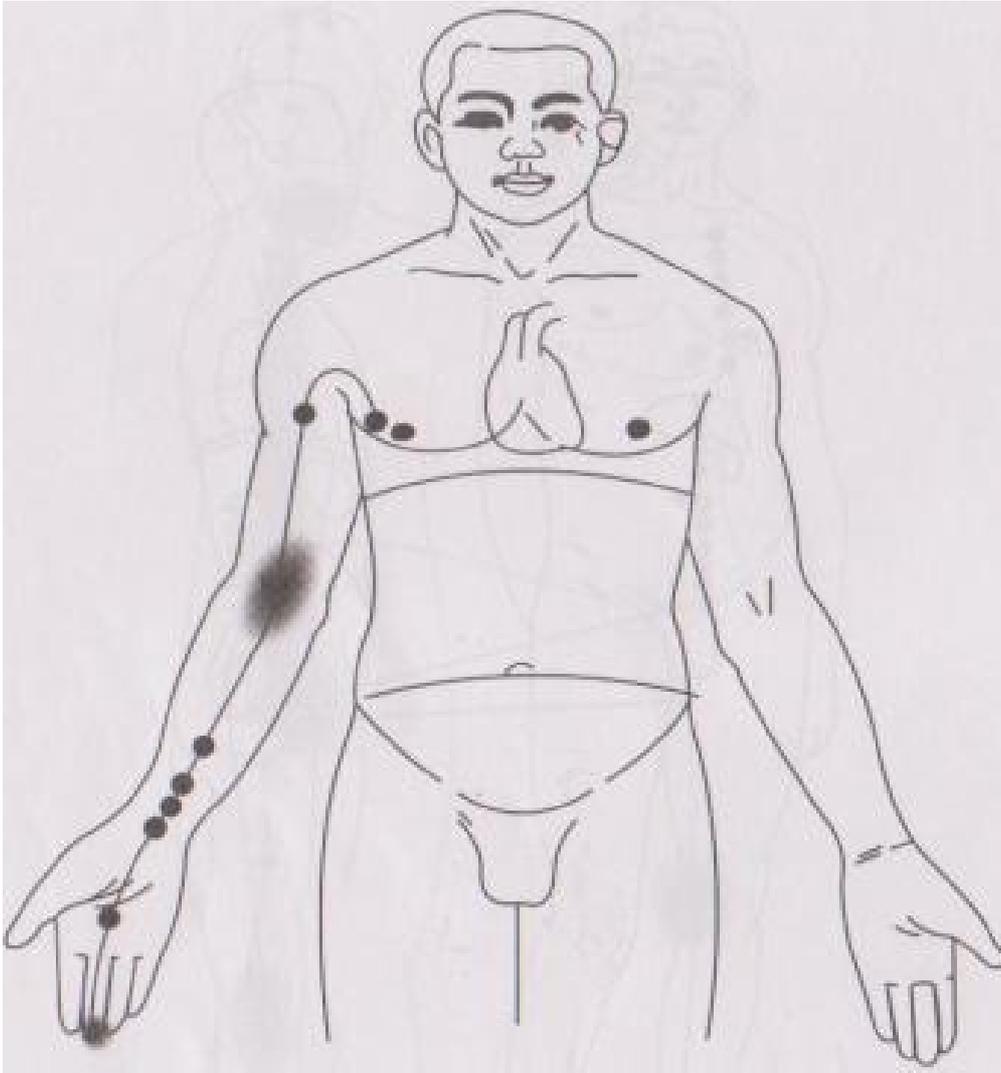
Fear of the evil wind cold, neck discomfort, low back muscle pain, weak knees, varicose meridians, frequent urination, urine urine, prostatic hypertrophy



**kidney channel of foot shaoyin**  
**You shi:17-19 pm**

**Common symptoms of kidney:**

Hand, foot and cold, thirsty, waist and knee pain, sore throat, irregular menstruation, loss of libido, BPH, heel pain, frequent urination, oliguria urine

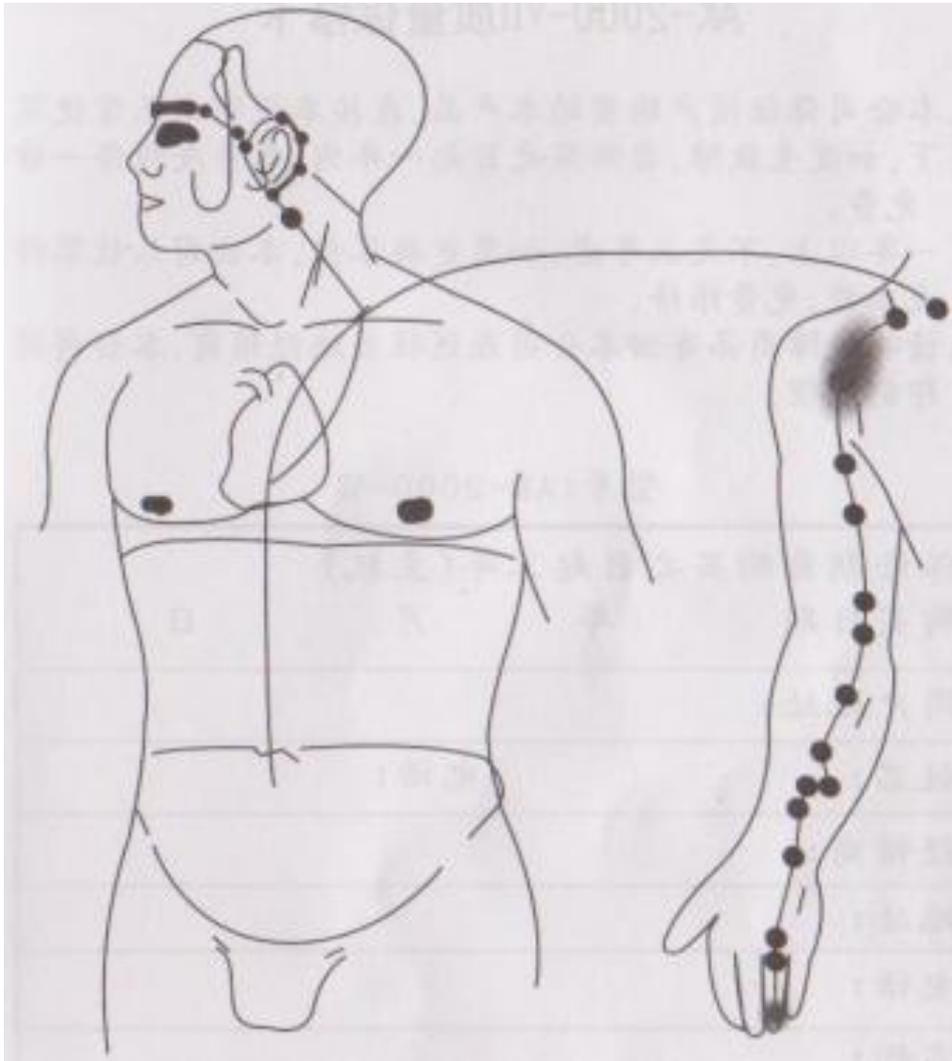


■ Pericardium by  
Xu Shi :19-21 pm

**Pericardium common symptoms:**

Insomnia, dreaminess, fitfully, difficulty falling asleep, irritability, forgetfulness, chest tightness, dry mouth, weakness

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■ **Hand-Shaoyang triple burner**  
**Hai Shi: 21-23 night**

**Triple anxiety common symptoms:**

Migraine headaches, dizziness, tinnitus, heat under the cold, cold hand, foot, fatigue, irritability, skin prone to allergies, muscle and joint pain, weakness, loss of appetite.